



Resource Updates

#SocialConnection for Heart Health

Factors of social connection may not be the first intervention to come to mind when working to lower blood pressure or increase heart attack survival rates, but maybe they should be. Dr. Vivek H. Murthy, U.S. Surgeon General, recently highlighted the role that social connection plays in leading healthier and longer lives, “Building social connection is one of the most powerful -and patriotic-steps we can take to strengthen our communities and our country.” The power of community cannot be overlooked as it forms the basis for individual, organizational and physical interactions that shape health outcomes.¹ The National Academies of Sciences, Engineering and Medicine recently released a prepublication copy of *Communities in Action: Pathways to Health Equity*, with a free PDF available to download at <http://www.nap.edu/24624>. The report offers everything from evidence-based research to community action examples, community tools and indicators.



CHIO Collaborate

[Click here](#) to submit your questions, comments and announcements to be shared in next week’s news!

Funding Opportunities

The ability to rethink health strategy and broaden the focus of community building efforts may also lead to enhanced opportunities for funding. Consider the **Bank of America Charitable Foundation**, accepting applications from 5/8/2017 – 6/2/2017, for efforts by local and nonprofit organizations that are working to build safe, healthy and vibrant communities. Read more at <http://about.bankofamerica.com/en-us/global-impact/charitable-foundation-funding.html#fbid=5Jsu5wtXi9K>

CHIO News & Community Events



- The CHIO 2016 **Year-End Report** is now available. Please tell us about your year at <https://www.surveymonkey.com/r/2016CHIO>
- PHIO has provided an online tool you may use for the proposal process based on the Guidelines and Rules Governing CHIO Incentives for **H2O** created and provided by OU. Access the form at <https://www.surveymonkey.com/r/CHIO-H2O>. CHIOs must spend the funds by October 31, 2017
- Check out the Community Service Council’s [February 2017 Good News](#)
- [The ABCS of Heart Health!](#) See the great display, as part of the H2O project, by the **Washington County Wellness Initiative**
- **Pottawatomie Alliance Toward Community Health** highlights the volunteer work of children with Community Renewal of Pottawatomie County at the Regional Food Bank <https://www.facebook.com/PottawatomieAllianceTowardCommunityHealth/>



www.publichealthok.org Office: (405) 259-6851

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1. National Academies of Sciences, Engineering, and Medicine. 2017. *Communities in action: Pathways to health equity*. Washington, DC: The National Academies Press.